PR: Short Iron Focus

Pre-Round Warm Up 10 Minutes				
Red Zone				
] Review: Swing Thoughts and Cues	Review	previous sessi	on notes	
		Review previous session notes		
] GTG: Setup & Alignment (with practice swing)	Before every target shot			
Drill: 7:30 Swing	Round 1 Round 2 Round 3			
Target Practice				
A1. 50 Yard Target	/ 6	/6	/6	
A2. 75 Yard Target	/ 6	/6	/6	
A3. 100 Yard Target	/ 6	/ 6	/ 6	
Score Each Shot: Determine an acceptable landing zone landing zone counts as one point. For example, if you hit 6.				
Pressure Cooker: 3 Hole Challenge	PTS/9	9 Holes (3 balls	s each)	
Full Irons	1107	5 1 101C3 (5 Dalls	3 cacii)	
[] Review: Swing Thoughts and Cues	Review	previous sessi	on notes	
[] GTG: Setup & Alignment (with practice swing)		re every target		
[] Drill: Tempo Drill		Mix When Te		
			1	
Target Practice	Round 1	Round 2	Round 3	
B1. 150 Yard Target	/3	/3	/3	
B2. 175 Yard Target	/ 3	/3	/3	
B3. 200 Yard Target	/ 3	/3	/ 3	
B4. 225 Yard Target	/ 3	/3	/ 3	
B5. Hybrid (fairway gap target)	/ 3	/3	/ 3	
B6. Driver (fairway gap target)				
Score Each Shot: Determine an acceptable landing zone anding zone counts as one point. For example, if you hit 23. Pressure Cooker: Play 9 Challenge Chipping				
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